

Individuality, Transformation, & The Crisis of the World

A Baraka Spiritual Retreat,

July 15-17, La Casa de Maria, Montecito, near Santa Barbara

With Robert Abdul Hayy Darr, Ali Allawi, Amina Wadud,
Shaikh Kabir Helminski and Camille Helminski
And Special Guests: Master Musician Ali Razmi,
and Energy Healer, Amean Hameed.



\$360 (double occupancy with 6 meals). \$490 (single)
\$230 (commuter with meals).
20% discount for young adults under 35. Family friendly,

For Registration Visit: Barakainstitute.org

Abdul Hayy Darr, as someone trained in the authentic Afghan root tradition of the Naqshbandi Sufis, will explore the 11 Principles of the Naqshbandi Way, essential guidelines for the journey of the seeker.

Ali Allawi will bring his vast knowledge and insight to bear on the spiritual values needed to awaken a spiritual civilization.

Amina Wadud will illuminate the possibilities of living an authentic and just life as an individual and as a woman on the spiritual path.

Kabir Helminski will share ideas and practices for awakening to the ecstatic nature of Truth (Haqq) in the midst of profound contemporary challenges.

Camille Helminski will explore the subtleties and beauty of the soul expressed through the legacy of Rumi and Shamsi Tabrizi

while exploring the meaning of: "Everything is perishing, except the Face of God." (Qur'an)



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