



BARAKAINSTITUTE.ORG

AWAKENING SPIRITUAL INTELLIGENCE
July 16-18

Friday

6 - 7 Dinner

8: Salaat (voluntary)

8:30 Introduction to the Weekend.

Some perspectives on Spiritual Intelligence, Presenters

9:30. . . La illaha il Allah

Saturday

Fajr Salaat 6:00 (voluntary)

Camille Helminski: Silent Zikr & Contemplation 7:30 - 8:00

Breakfast: 8:00 - 9:00

Morning session 1: 9:30 - 10:15

Kabir Helminski: Being, Love, & Action

Morning session 2: 10:45 - 11:45

Ali Allawi: Transformation in Love.

Lunch 12:00 to 1:00

Salaat 1:00 - 1:15 Combined noon & afternoon prayers. (voluntary)

1:15 - 2:15 *Free time to relax, digest, contemplate, converse.*

Afternoon sessions 1: 2:15 - 3:00

Seemi Ghazi: Dhawq, Spiritual Taste & Perception

Afternoon session 2: 3:15 - 4:00

Jamal Rahman: Living from the Heart.

Afternoon Session 3: 4:15 – 5:30
Breakout Sessions on Various Topics:
Spiritual practice, healing, psychotherapy

Dinner 6:00 – 7:00

8:00 Salaat - Sunset & Night prayers combined. (voluntary)

Evening session 8:15 – 9:15 **Forum: Living on All Levels of Our Being.**
Ali Allawi, Kabir, .

9:15 – 10:00 Zikr Ceremony: All

Sunday

Fajr Salaat 6:00 (voluntary)

Camille & Mahmoud Mostafa: Silent Zikr & Contemplation 7:30 - 8:00

Breakfast: 8:00 – 9:00

Morning session 1: 9:15 – 10:00
Spiritual Intelligence in the Mirror of Rumi. Camille Helminski

Muraqaba (Meditation with ney): 10:00 – 10:15

Morning session 2: 10:15 – 11:00
Panel: New shape of Spiritual Education:
Aliyah Haeri, Kabir, & Ali Allawi

Morning session 3: 11:15 – 12:00
Concluding Question & Answer Session with selected presenters.

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Closing Muraqaba, Contemplation. 12:00 – 12:15

Lunch and Salams :12:30 to . . .

Bookstore Hours

Open for browsing between sessions; open for payments or see Lori:
Friday, 5-6, 7-8, Saturday 1:45-2:15, 7:15-8, Sunday, 8:45-9:15